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Exploiting Information Geometry to Improve the Convergence of Nonparametric Active Contours

Marcelo Pereyra, Member, IEEE, Hadj Batatia, and Steve McLaughlin, Fellow, IEEE

Abstract—This paper presents a fast converging Riemannian steepest descent method for nonparametric statistical active contour models, with application to image segmentation. Unlike other fast algorithms, the proposed method is general and can be applied to any statistical active contour model from the exponential family, which comprises most of the models considered in the literature. This is achieved by first identifying the intrinsic statistical manifold associated with this class of active contours, and then constructing a steepest descent on that manifold. A key contribution of this paper is to derive a general and tractable closed-form analytic expression for the manifold’s Riemannian metric tensor, which allows computing discrete gradient flows efficiently. The proposed methodology is demonstrated empirically and compared with other state of the art approaches on several standard test images, a phantom positron-emission-tomography scan and a B-mode echography of in-vivo human dermis.

Index Terms—Active contours, level sets, variational methods on Riemannian manifolds, information geometry.

I. INTRODUCTION

This paper addresses the problem of solving active contour (AC) models with application to image segmentation. More precisely, we seek to develop Riemannian optimisation algorithms that exploit the underlying geometrical structure of the contour’s intrinsic manifold to achieve fast convergence. The motivation for this work arises from observations by Bar et al. [1] who highlighted two important open problems regarding the solution of active contours: “the selection of the most appropriate inner product” and how “to incorporate non flat manifolds instead of Euclidean spaces” as a means of overcoming the slow convergence of the Euclidean methods commonly used in the literature. In a recent paper [2], we addressed these problems for the specific case of the Chan-Vese active contour [3] and showed that the algorithm resulting from performing a steepest descent on the model’s intrinsic manifold converges extremely fast. However, the method studied in [2] is not immediately amenable to other active contour models and can only be applied to images with Gaussian statistics. In this paper, we seek to provide a more general solution to these problems by identifying the intrinsic manifold and collection of inner products for the class of active contour models from the exponential family, which we subsequently use to derive a fast converging methodology that can be applied to most of the ACs studied in the literature [4].

Active contour models are a powerful framework for estimating the boundaries of an object within a given image. In this framework, contours are represented as curves that evolve subject to certain constraints to minimize an energy functional. This paper considers nonparametric ACs, a particularly useful class of segmentation methods where curves are represented implicitly as the zero level set of a surface that evolves with a fictitious time $t$ [5]. In particular, we focus on region-based ACs that evolve according to the statistical characteristics of the object of interest and the background, as opposed to evolving according to image gradients or edges. We emphasise at this point that there are many state-of-the-art approaches to image segmentation that do not use AC models (see [6]–[10] for examples based on Potts-Markov random fields, fuzzy region competition and convex models).

Region-based nonparametric ACs were first postulated in the seminal work of Chan and Vese [3], which defined an active contour for images composed by a foreground and background with Gaussian statistics. That work was subsequently generalised to images with other specific statistics, such as Rayleigh [11], gamma [12], Weibull [13] and Laplace [10]. A unified framework for AC models for distribution from the exponential family was finally proposed in [4]. Inherent in the active contour segmentation problem is the solution of the Euler-Lagrange differential equations that guide the contour’s evolution (for a detailed analysis of contour evolution equations see [14]). In most applications these are solved using standard first-order Euler methods which are relatively simple to derive and implement. However, it is well known that Euler’s method can take a large number of iterations to converge. This drawback has recently motivated numerous papers in the literature that study more advanced algorithms to solve active contour (a detailed survey of the state-of-the-art up to 2012 was presented in [2]). Most state-of-the-art algorithms are steepest descent methods on alternative spaces or manifolds whose inner-products induce favourable properties on gradient flows, such as fast convergence and regularity. However, these algorithms have been designed for Gaussian region-based
(i.e., Chan-Vese type) active contours and cannot be directly applied to other contours from the exponential family.

This paper presents a general Riemannian optimisation method for nonparametric ACs from the exponential family and is structured as follows. In the next section we introduce the mathematical concepts underlying region-based active contour segmentation and briefly highlight some of the difficulties that our approach seeks to address.

In Section III we develop an information geometry framework for active contours from the exponential family and propose a Riemannian steepest descent method to compute the contour’s evolution. More precisely, we derive a smooth natural gradient descent algorithm [15] for nonparametric active contour, with application to image segmentation. Following on from this in Section IV we present some results illustrating the power of the approach and contrast the performance on alternative existing approaches. Finally we draw some conclusions and discuss potential extensions of the approach. A MATLAB implementation of the proposed method is available at http://www.stats.bris.ac.uk/~mp12320/code/SmoothNaturalGradient.zip.

II. REGION-BASED LEVEL SET SEGMENTATION

Let $\Omega$ be a bounded subset of $\mathbb{R}^D$ and $y : \Omega \rightarrow \mathbb{R}^p$ a $D$-dimensional image composed by $p$ channels (i.e., pixels take their values in $\mathbb{R}^p$). Assume that $y$ is constituted by a foreground $\Omega_F$ and a background $\Omega_B \subset \Omega_F$, each characterised by its own statistical distribution. Precisely, assume that at a point $x \in \mathbb{R}^D$ image values are distributed according to the statistical model

$$y(x) \sim f(|\theta_1|) \quad \text{if } x \in \Omega_F$$
$$y(x) \sim f(|\theta_2|) \quad \text{if } x \in \Omega_B$$

(1)

where $\theta_1$ and $\theta_2$ are the statistical parameters associated with the foreground and background respectively (we assume that $\theta_1 \neq \theta_2$), and where $f : \mathbb{R}^p \rightarrow \mathbb{R}^+$ denotes the probability density function of a generic distribution from the exponential family, i.e.,

$$f(s|\theta) = h(s) \exp \left[ \eta(\theta)^T S(s) - A(\theta) \right],$$

(2)

for some sufficient statistic $S(\cdot)$, canonical parameter vector $\eta(\theta)$ and log-normalizer $A(\theta)$. Note that (2) defines a very general class of statistical models that comprises most distributions used in signal and image processing, such as the Gaussian, exponential, gamma, Poisson, Rayleigh, binomial, categorical, log-normal and Dirichlet.

Following an active contour approach, the segmentation of $y$ is addressed by finding a curve $\hat{C} \subset \Omega$ that minimises the following energy functional [4]:

$$\hat{C} = \arg\min_C -\int_{\text{inside}(C)} \log f(y(x)|\theta_1) \, dx - \int_{\text{outside}(C)} \log f(y(x)|\theta_2) \, dx$$

(3)

derived from the anti-log-likelihood of (1). In a manner akin to [1], we present our analysis in the case where $\theta_1$ and $\theta_2$ are known a-priori. However, the proposed approach is general and can be applied in the more general setup where $\theta_1$ and $\theta_2$ are unknown by alternatively minimising (3) with respect to $C$, $\theta_1$ and $\theta_2$. The joint minimisation of (3) with respect to $\theta_1$ and $\theta_2$ for fixed $C$ is generally straightforward via the use of maximum likelihood estimators.

This paper considers nonparametric contours where the curve $C \in \Omega$ is defined implicitly as the zero level set of a Lipschitz function $\phi : \Omega \rightarrow \mathbb{R}$, such that

$$C = \{ x : \phi(x) = 0 \}$$

(4)

inside$$(C) = \{ x : \phi(x) > 0 \}$$

(5)

outside$$(C) = \{ x : \phi(x) < 0 \}$$

(6)

and the energy minimization problem (3) is restated as follows

$$\hat{\phi} = \arg\min_{\phi} E(y; \phi)$$

(7)

where

$$E(y; \phi) \equiv -\int_\Omega \log f(y(x)|\theta_1) H[\phi(x)] \, dx - \int_\Omega \log f(y(x)|\theta_2) H[-\phi(x)] \, dx$$

(8)

and where $H(\cdot)$ denotes the Heaviside function. The functional optimisation problem (7) can be solved by introducing a fictitious time $t$ and solving the associated Euler-Lagrange differential equations $\partial_t \phi = -\partial_\phi E$, which lead to the following flow for $\phi$

$$\partial_t \phi(x) = \delta_1 \phi \{ \log f(y(x)|\theta_1) - \log f(y(x)|\theta_2) \}$$

(9)

where $\delta_1(\cdot)$ is the Dirac delta function and $\partial_\phi E$ the 1st variation of $E$ with respect to $\phi$.

In practice, equations (8) and (9) must be computed over a discrete space-time grid and using sampled functions $y = (y_1, \ldots, y_N)$ and $\phi = (\phi_1, \ldots, \phi_N)$. Equation (8) becomes

$$E(y; \phi) = \sum_{i=1}^N -H_\epsilon(\phi_i) \log f(y_i|\theta_1) - H_\epsilon(-\phi_i) \log f(y_i|\theta_2)$$

(10)

Similarly, equation (9) is now a discrete flow

$$\phi^{t+1} = \phi^t - \gamma_1 \nabla_\phi E(y; \phi^t)$$

(11)

with

$$\nabla_\phi E(y; \phi^t)_i = -\delta_{\epsilon}(\phi_i^t) \{ \log f(y_i|\theta_1) - \log f(y_i|\theta_2) \}$$

(12)

and where $\gamma_1$ controls the length of the step. For numerical stability, AC methods use smooth approximation of the Heaviside function $H(\cdot)$ and of Dirac’s delta function $\delta(\cdot)$ [3]

$$H_\epsilon(u) = \frac{1}{2} \left( 1 + \frac{2}{\pi} \arctan \left( \frac{u}{\epsilon} \right) \right),$$

(13)

$$\delta_{\epsilon}(u) = \frac{1}{\pi} \left( 1 + \frac{\epsilon}{\epsilon^2 + u^2} \right).$$

Finally, note that there are several approaches to selecting the step size $\gamma_1$ in (11). In most algorithms $\gamma_1$ is set to some fixed value $\gamma_1 = \gamma$ or $\gamma_1 = \gamma/||\nabla_\phi E(y; \phi^t)||$. Alternatively, in many state-of-the-art algorithms $\gamma_1$ is set by means of a line search [1], [2].
As explained previously, the iterative algorithm (11) can suffer from very long transient regimes and take a large number of iterations to converge. The reason for this is that the gradient $\nabla \phi E(y; \phi)$ used in (11) is often strongly anisotropic; that is, there is a significant difference in the order of magnitude of the partial derivatives $\frac{\partial}{\partial \phi_i} E(y; \phi)$. In such cases, using a preconditioned gradient $A^{-1}(\phi) \nabla \phi E(y; \phi)$, for some appropriately specified positive definite matrix $A(\phi)$, can improve the convergence dramatically [1], [15].

Gradient preconditioning arises naturally by considering that $\phi$ belongs to a non-Euclidean space (note that $\phi$ may take values in $\mathbb{R}^n$ yet belong to spaces with non-Euclidean geometry). From this perspective, the poor convergence properties of (11) and the anisotropy of $\nabla \phi E(y; \phi)$ are a result of a mismatch between the underlying geometry of the space of $\phi$ and the canonical Euclidean geometry that is implicitly assumed by using the gradient $\nabla \phi E(y; \phi)$. This should be overcome by formulating (11) directly on the space of $\phi$, with inner products given by $\langle \phi', A(\phi) \phi \rangle$, thus we obtain

$$
\phi^{t+1} = \phi^t - \gamma A^{-1}(\phi^t) \nabla \phi E(y; \phi^t).
$$

(14)

Therefore the problem of specifying the preconditioning matrix $A(\phi)$ to cure slow convergence of (11) is equivalent to identifying the geometry of the space of $\phi$, which allows (14) to be solved with the collection of inner products of that space. This has motivated numerous papers in the literature that investigate specific instances of (14) for alternative spaces and manifolds with geometries and inner products that are more appropriate for $\phi$ than $\mathbb{R}^n$. For instance, some papers use shape sensitivity calculus to solve (14) in a space of geometrical variables or shapes [16]–[18]. Many papers have proposed solving (14) in a Sobolev space because its inner product acts as a smoothing operator inducing favourable regularity properties on the contour [19]–[22]. Alternatively, other papers consider Newton-type methods that solve (14) on manifolds whose inner products are related the Hessian matrix of $E(y; \phi)$ [1], [16]–[18], [23], [24]. The empirical results reported as described above confirm that solving (14) in an appropriate space, with inner products that induce favourable properties to the gradient flow, can improve the convergence speed dramatically.

As explained previously, Bar et al. recently highlighted the importance of open problems of “the selection of the most appropriate inner product associated with a particular functional” and “to incorporate non flat manifolds instead of Euclidean spaces”. In our recent paper [2] we addressed these two important questions for the specific case of the Chan-Vese AC [3]. Our main contributions in [2] were the observations that $y$ and $\phi$ are related by a parametric statistical model which induces a specific geometry to $\phi$’s space, and to use information geometry to determine the collection of inner-products of that space, which we found to be a Riemannian statistical manifold. We then proposed a Riemannian steepest descent algorithm for the Chan-Vese model that solves (14) on $\phi$’s manifold and conducted a series of experiments that confirm that this algorithm converges extremely fast.

However, the fast methods presented in the papers described above were designed for specific AC models and are not directly amenable to other active contours. As a result they can only be applied to images with certain specific statistics (e.g. Gaussian) and are unsuitable for many important types of data that are better analysed with other statistical models and active contours (e.g., ultrasound and SAR images [11], [12]). In this paper, we provide a more general solution to the problems of finding the most appropriate inner products and non flat manifolds by considering the information geometry of the entire class of active contour models from the exponential family [4], which includes the popular Chan-Vese contour as well as many other important AC models [10]–[13]. Based on this, we subsequently derive a general Riemannian steepest descent method for this class of active contours.

### III. Proposed Optimisation Method

This section presents a general Riemannian steepest descent method that can be applied to any AC model of the exponential family. In a manner akin to [2], the method is derived by first using information geometry to obtain the statistical manifold associated with the active contour and then proposing a Riemannian steepest descent method to solve (14) on that manifold. Note that the method presented here includes the algorithm proposed in [2] for the Gaussian AC (i.e., Chan-Vese AC) as a particular case.

#### A. Proposed Riemannian Steepest Descent

We begin by considering the geometry of the space $\mathcal{M}$ whose points are the probability distributions $F(y|\phi)$ with density

$$
f(y|\phi) = \prod_{|\phi_i| > 0} f(y_i|\theta_1) \prod_{|\phi_i| < 0} f(y_i|\theta_2)
$$

(15)

where the marginal densities $f(y_i|\theta)$ belong to the exponential family defined in (2). We observe that the energy $E(y; \phi) = -\log f(y|\phi)$ and that algorithms to minimise it are effectively computing maximum likelihood estimators of $\phi$ given $y$. In other words, (14) is selecting the statistical model $f(y|\phi)$ that fits the data best.

Space $\mathcal{M}$ is a statistical manifold parametrised by $\phi$ [25]. More precisely, a point $\phi$ on $\mathcal{M}$ represents the probability distribution of a random variable $Y$ with distribution $F(y|\phi) = P[Y \leq y]$. Similarly, the distance between $\phi$ and a second point $\phi'$ is understood as the distance between the probability distributions $F(y|\phi)$ and $F(y|\phi')$, measured by an appropriate metric on $\mathcal{M}$. According to information geometry $\mathcal{M}$ is endowed with a natural or intrinsic metric that allows measuring distances in a way that is independent of the parametrisation (i.e., to changes of variables $\psi = h(\phi)$). $\mathcal{M}$ is endowed with a natural Riemannian metric tensor, or collection of inner products, specified by the Fisher information matrix (FIM) [25]

$$
(G(\phi))_{(i,j)} \triangleq -\text{E}_{\phi} \left\{ \frac{\partial^2}{\partial \phi_i \partial \phi_j} \log [f(Y|\phi)] \right\}
$$

(16)

where $\text{E}_{\phi}$ denotes the expectation operator with respect to $f(y|\phi)$ and should not be confused with the energy term (10). Moreover, at each point $\phi$, $\mathcal{M}$ is locally equivalent to an
Euclidean tangent space $T_{\theta}$ with inner product $\langle \phi', G(\phi) \phi \rangle$ varying smoothly with $\phi$. Finally, a steepest descent on $M$ to optimise $E$ is given by

$$
\phi^{t+1} = \phi^t - \gamma G^{-1}(\phi^t) \nabla_{\phi} E(\phi^t) \tag{17}
$$

where $G^{-1}(\phi^t) \nabla_{\phi} E(\phi^t)$ is the gradient of $E$ on $T_{\phi^t}$. This gradient represents the change of $E$ with respect to the probability distribution $F(y|\phi)$ indexed by $\phi$, rather than with respect to the vector $\phi$ itself. Iteration (17) results in a so-called “natural gradient descent algorithm” in which preconditioning the Euclidean gradient with $G^{-1}(\phi)$ “provides isotropic convergence properties about any local minima independent of the model parameterisation and of any dependencies within the signal being processed by the algorithm” [15]. These algorithms generally exhibit very good convergence properties and have been extensively applied to maximum likelihood estimation problems [15] and to the Chan-Vese AC in [2]. Finally, note that (17) is closely related to a Newton iteration where the preconditioning matrix is the Hessian matrix of $E(y; \phi)$; indeed $G(\phi)$ is the expectation of this Hessian matrix with respect to the random variable $Y$, whose realisation is $y$. We will see that this expectation introduces a key difference between (17) and a Newton iteration because it guarantees the positive definiteness of $G(\phi)$ (the Hessian matrices of $E(y; \phi)$ do not have this fundamental property).

### B. Computation of $G(\phi)$

We consider that a main contribution of this paper is to propose an efficient strategy to evaluate $G(\phi)^{-1}$, which will allow using the natural gradient descent (17) to develop fast image segmentation algorithms. We demonstrate that $G(\phi)$ is diagonal, thus trivial to invert, and that its elements admit closed-form expressions that are easy to evaluate.

**Theorem 3.1:** Suppose that (2) holds. Then the Fisher information matrix $G(\phi)$ defined in (16) is diagonal with elements

$$
(G(\phi))_{(i,j)} = \begin{cases} 
\delta' (\phi_i) B_j (\theta_1 | \theta_1) & \text{if } \phi_i \geq 0 \\
\delta' (\phi_i) B_j (\theta_1 | \theta_2) & \text{if } \phi_i < 0
\end{cases} \tag{18}
$$

if $i = j$ and $(G(\phi))_{(i,j)} = 0$ otherwise, where $B_j(\theta^*||\theta)$ is the $f$-Bregman divergence

$$
B_j(\theta^*||\theta) \triangleq A(\theta^*) - A(\theta) - \langle \eta(\theta^*), \eta(\theta) \rangle, \quad \eta(A(\cdot)) \tag{19}
$$

where $A(\cdot)$ is the logarithm of the normalising constant of $f$ and $\nabla_{\eta} A(\cdot)$ its gradient with respect to the canonical parameter vector $\eta = \eta(\theta)$. Moreover, if $\delta'(u)$ is evaluated using a regularised approximation $\delta'_r(u)$ bounded away from zero, then $G(\phi)$ is positive definite.

**Proof:** To prove these results we develop the derivatives in (16) and obtain that $G(\phi)$ is diagonal with elements

$$
(G(\phi))_{(i,j)} = \begin{cases} 
\delta' (\phi_i) E \left[ \log f(y_i; \theta_1) | \phi_i \right] & \text{if } \phi_i \geq 0 \\
\delta' (\phi_i) E \left[ \log f(y_i; \theta_2) | \phi_i \right] & \text{if } \phi_i < 0
\end{cases} \tag{20}
$$

if $i = j$ and $(G(\phi))_{(i,j)} = 0$ otherwise, where $E(\cdot|\phi_i)$ denotes the expectation with respect to the marginal likelihood

$$
f(y; \phi) = \begin{cases} 
f(y; \theta_1) & \text{if } \phi_i \geq 0 \\
f(y; \theta_2) & \text{if } \phi_i < 0.
\end{cases}
$$

Using the fact that $\delta'(-\phi) = -\delta'(\phi)$ and rearranging equation (20) we obtain that for $i = j$

$$
(G(\phi))_{(i,j)} = -\delta(\phi_i) E \left[ \log \left( \frac{f(y_i; \theta_1)}{f(y_i; \theta_2)} \right) | \phi_i \right], \quad \text{KL}(\phi_1 | \theta) \triangleq \int_{\mathbb{R}^n} \log \left( \frac{f(s; \theta_1)}{f(s; \theta_2)} \right) f(s; \theta_1) ds,
$$

which we express in terms of Kullback-Leibler divergences [26], i.e.,

$$
(G(\phi))_{(i,j)} = \begin{cases} 
\delta(\phi_i) \text{KL}(\theta_1 | \theta_2) & \text{if } \phi_i \geq 0 \\
\delta(\phi_i) \text{KL}(\theta_2 | \theta_1) & \text{if } \phi_i < 0
\end{cases} \tag{22}
$$

where

$$
\text{KL}(\theta_1 | \theta_2) = \int_{\mathbb{R}^n} \log \left( \frac{f(s; \theta_1)}{f(s; \theta_2)} \right) f(s; \theta_1) ds.
$$

Finally, given that $f$ belongs to the exponential family, we can also express (22) in terms of Bregman divergences that admit closed-form expressions [26]

$$
(G(\phi))_{(i,j)} = \begin{cases} 
\delta(\phi_i) B_j(\theta_1 | \theta_1) & \text{if } \phi_i \geq 0 \\
\delta(\phi_i) B_j(\theta_1 | \theta_2) & \text{if } \phi_i < 0
\end{cases}
$$

The proof is concluded by noting that because $\theta_1 \neq \theta_2$ the terms $B_j(\theta_1 | \theta_2)$ and $B_j(\theta_2 | \theta_1)$ are strictly positive and therefore $G(\phi)$ is a positive definite matrix for all $\phi \in \mathbb{R}^n$. □

**Theorem 3.1** states that for energy functionals of the form of (10), associated with distributions from the exponential family (2), the FIM $G(\phi)$ is diagonal and has a closed-form expression that is trivial to compute and invert. This is very important from a computational point of view because it allows evaluating the gradient of $E$ on the tangent space $T_{\phi}$, i.e., $G(\phi) \nabla_{\phi} E(y; \phi)$, making it possible to develop fast image segmentation algorithms based on the natural gradient (17).

To evaluate (18) numerically we use the regularised approximation $\delta'_r(u) = \frac{1}{2\epsilon} \text{sign}(u) \max(u, \epsilon)/(\epsilon^2 + u^2)^2$.

<table>
<thead>
<tr>
<th>TABLE I</th>
<th>BREGMAN DIVERGENCES I</th>
</tr>
</thead>
<tbody>
<tr>
<td>$f(s</td>
<td>\theta)$</td>
</tr>
<tr>
<td>Gamma</td>
<td>$\frac{\sigma^2}{2} \exp \left( -\frac{\sigma^2}{2} y_1 \right)$</td>
</tr>
<tr>
<td>Gaussian</td>
<td>$\frac{1}{2\sigma^2} \exp \left( -\frac{\sigma^2}{2} y_1^2 \right)$</td>
</tr>
<tr>
<td>Laplace</td>
<td>$\frac{1}{2\pi} \exp \left( -\frac{1}{2\pi} y_1^2 \right)$</td>
</tr>
<tr>
<td>Poisson</td>
<td>$\frac{\sigma^2}{2} \exp \left( -\frac{\sigma^2}{2} y_1^2 \right)$</td>
</tr>
<tr>
<td>Rayleigh</td>
<td>$\frac{1}{2\pi^2} \exp \left( -\frac{1}{2\pi^2} y_1^2 \right)$</td>
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<tr>
<th>TABLE II</th>
<th>BREGMAN DIVERGENCES II</th>
</tr>
</thead>
<tbody>
<tr>
<td>$f(s</td>
<td>\theta)$</td>
</tr>
<tr>
<td>Multivariate Gaussian</td>
<td>$\frac{1}{2\pi^2} \exp \left( -\frac{1}{2\pi^2} y_1^2 \right)$</td>
</tr>
</tbody>
</table>

Finally, a steepest descent on $G(\phi)$ varies smoothly with $\phi$. Finally, we now need to regularise $\phi$ so as to promote smooth solutions that are robust to noise. This regularisation improves significantly the segmentation results by introducing prior knowledge about image structure, i.e., pixels belonging

$$
f^{t+1} = \phi^t - \gamma G^{-1}(\phi^t) \nabla_{\phi} E(\phi^t) \tag{17}
$$

where $G^{-1}(\phi^t) \nabla_{\phi} E(\phi^t)$ is the gradient of $E$ on $T_{\phi^t}$.
to the foreground and background are organised in spatial groups (as opposed to being randomly distributed across the image). The active contour literature discusses several approaches to regularise $\phi$ to promote solutions with specific properties (e.g., smoothness, shapes, topologies, etc.). Conventional active contour algorithms typically enforce spatial regularity by introducing the penalty term $\lambda \int \Omega |\phi(x) - \theta(x)| dx$, which selects contours with minimal length, or alternatively by using a convex approximation of this penalty that is easier to minimise [10], [27]. The parameter $\lambda$ controls the amount of regularity that is enforced and is commonly set by cross-validation.

An increasingly popular alternative, that we will explore below, is to promote regularity by using an inner product that applies spatial smoothing to the gradient flow. As noted in [1], this approach is adopted implicitly by all methods that use Sobolev gradient flows [22], since Sobolev inner products act as smoothing operators, and explicitly by most other state-of-the-art AC methods that use Gaussian smoothing operators such as [1] and [2]. In this case the amount of regularity enforced depends on the bandwidth of the smoothing kernel. Here we follow this approach and regularise $\phi$ by combining the inner product associated with $G(\phi)$, which reflects the information geometry of the statistical model $f(y; \phi)$ relating $\phi$ to the observed image $y$, with a Sobolev-type inner product that incorporates prior knowledge by promoting smooth solutions. Precisely, we propose to use a “smooth natural gradient flow” defined as follows:

$$\phi^{t+1} = \phi^t + \gamma H_\sigma G^{-1}(\phi^t) \nabla_y E_c(y; \phi^t)$$

where $H_\sigma$ is a smoothing operator given by

$$H_\sigma = \text{Toeplitz}(h_\sigma),$$

and where

$$h_\sigma(s, u) = \frac{1}{2\pi \sigma^2} \exp \left( -\frac{s^2 + u^2}{2\sigma^2} \right)$$

is a 2D Gaussian kernel of scale $\sigma$. The parameter $\sigma$ determines the width of the Gaussian kernel and therefore the amount of smoothness enforced by $H_\sigma$. The choice of this specific smoothing operator follows from the computational consideration that $H_\sigma$ should be Toeplitz and separable, as this allows for particularly efficient algorithms to compute the product $H_\sigma G^{-1}(\phi^t)$ [28]. In particular, the Gaussian smoothing operator is the only separable operator that is isotropic, i.e., that enforce the same regularization in all directions [29], which is important in many image segmentation applications. Note however that $h_\sigma(s, u)$ can be easily replaced by an anisotropic Gaussian kernels $h_{\sigma_1, \sigma_2}(s, u) = \frac{1}{2\pi \sigma_1 \sigma_2} \exp \left( -\frac{s^2}{2\sigma_1^2} - \frac{u^2}{2\sigma_2^2} \right)$ if there is reliable prior knowledge about the shape and orientation of the image patterns. Note that the appropriate amount of regularisation required for a specific image will typically involve a trade-off between robustness to noise and preservation of sharp details in the contour. Images with low noise levels allow for low values of $\sigma$ that preserve these details, whereas noisy images typically require more aggressive regularisations. More details regarding the choice of the smoothing operator and about the selection of $\sigma$ can be found in [2].

In addition, we note that in some applications the performance of the proposed methods can be improved by introducing some form of localisation that takes into account the lack of stationarity in the image [30]. In our method this could be achieved by defining position dependent statistical parameters $\theta_1 = \theta_1(x)$ and $\theta_2 = \theta_2(x)$, which could then be estimated from the neighbourhood of $y(x)$ as in [30]. The resulting FIM would be equal (18) with pixel dependent Bregman divergences evaluated using the values of $\theta_1$ and $\theta_2$ for that pixel; this matrix would still be diagonal and positive definite. Finally, it is also worth mentioning that although in this paper we apply (23) to all the elements of vector $\phi$, one could also consider using a narrow band approach where only the elements of $\phi$ that are close to zero are updated (i.e., the pixels within a neighbourhood of $C$), similarly to [16].

IV. EXPERIMENTAL RESULTS AND OBSERVATIONS

This section presents three experiments conducted to assess and compare the performance of the proposed smooth natural gradient method. In the first experiment we compare our method with four fast methods from the state of the art: two steepest descent algorithms (the generalised Newton method [1], and the Sobolev gradient [21]), and two optimisation algorithms based on convex approximation of $E(y; \phi)$ (the fast global minimisation algorithm (FGMA) [10], and the recent two-stage algorithm [27]). These methods are specifically designed for the Chan-Vese AC and we conducted the comparisons with standard test images that are well segmented by this model. The second and third experiments present applications of our method to two medical problems that motivated this work: in-vivo human dermis segmentation in high-frequency ultrasound images, and high-radioactivity region segmentation in Positron-Emitted-Tomography (PET) images. For those experiments we implemented our method using Rayleigh AC and Poisson AC models, and compared its performance with the Eulerian algorithm presented in [11] for Rayleigh ACs and with the supervised thresholding method proposed by Schaefer et al. in [31] for PET images. An observation that we would make prior to presenting results is that most of the real images used in the experiments do not have a ground truth and therefore it is not always completely clear what is the best segmentation result nor how a precise segmentation result could be objectively specified (though for the PET phantom experiment the sizes of the radioactive regions is known and is used as the ground truth). We present what we consider are fair and reasonable comparisons, where in most cases the segmentation achieved with our method is very similar to that obtained with state-of-the-art approaches but at a significantly faster computational speed. Finally, all experiments have been computed on an Intel i7 quad-core workstation running MATLAB 2013a and by using the values of the algorithm parameters that yield the best segmentation results.
A. Comparison With State-of-the-Art Algorithms for the Chan-Vese AC

1) Comparison With Other Steepest Descent Algorithms:
In the first part of this experiment we compare our method with two other fast steepest descent algorithms: the generalised Newton method [1], and the Sobolev gradient [21]. These methods have been specifically designed for the Chan-Vese AC, which represents the image foreground and background using Gaussian distribution. For this experiment we also implemented our method using the Chan-Vese AC and the corresponding Bregman divergence, which is provided in the second row of Table I. To guarantee that the comparisons are fair we have used a synthetic shape image from [1] and the accompanying MATLAB codes. This image contains $216 \times 187$ pixels and is contaminated with white additive Gaussian noise of $5.36$ dB SNR. Similarly, all methods were initialised by setting $\phi_0$ to a right circular cone as in [1]. We implemented our method with $\gamma_t = 5$ and $\sigma = 0.75$ as these values produced the best results. For the other methods we used the values recommended in [1] for this image, which also produce best results.

Fig. 1 depicts the contours estimated with each method (for each experiment the initialisation and the final contour are depicted in blue and red respectively). Fig. 1(a) shows the segmentation obtained with the proposed natural gradient descent method. The results obtained with the Sobolev gradient [21] and the generalised Newton method [1] are presented in Figures 1(b) and 1(c). The segmentation results obtained with the three methods are very similar but Table III shows that the proposed method converged in only 2 iterations and was between 5 and 40 times faster than the state-of-the-art methods, which required 10 and 30 iterations to converge. The convergence speed of the proposed method results from the fact that active contours form a statistical manifold that is not Euclidean and our algorithm is taking steps along the steepest direction on that manifold. The Sobolev gradient does not take into account this geometrical information and a result requires more iterations to converge. The generalised Newton method is taking steps along the steepest direction on the manifolds associated with the Hessian matrices of $E(\gamma; \phi)$. However, because $E(\gamma; \phi)$ is not convex the method has to use a trust-region constraint to limit the length of the steps, and as a result it requires a large number of iterations to converge. Finally, it is worth mentioning that segmentation results obtained by using our algorithm with line search for $\gamma_t$ can be found in [2]. In that case our algorithm also converges in 2 iterations, which require 0.24 seconds instead of 0.13 because of the additional computational cost of the line search. The contours obtained with an Euclidean steepest descent and with an Euclidean Newton method are provided in [1]. Additional experiments with other standard test images are also provided in [2].

2) Comparison With Convex Optimisation Algorithms: In the second part of this experiment we compare our method with two state-of-the-art segmentation algorithms based on convex approximations of the Chan-Vese AC model: the fast global minimisation algorithm (FGMA) [10], and the recent two-stage algorithm [27]. To provide a fair comparison we have used three standard test images from the supplementary material of [10] that have very different compositions and structures. The segmentation results and computing times for this experiment are reported in Figure 2 and Table IV. These results show that our methods performs similarly to the
algorithms of the state-of-the-art in terms of segmentation, but is significantly faster as illustrated in Table IV. Because it is not entirely clear what is the best segmentation for each image we do not claim that one specific method outperforms the others in terms of segmentation performance. For example, the second image is a CT scan of the interior of a lung and a segmentation result could either ignore the alveoli branches within the lung and only segment the boundary around the interior, or equally it could segment the boundary and also the alveoli branches, (note that this will also depend on the amount of regularisation specified by the user). Similarly, for the bacteria image a segmentation could only identify the external boundaries of the individual bacteria, or it could also seek to highlight the structures in the interior of the bacteria. In all cases we have chosen, for comparison purposes, to produce similar segmentation results.

B. In-Vivo Ultrasound Image

Here we consider the Rayleigh AC model proposed in [11] for ultrasound image segmentation, which was applied in that work to echocardiography. This model represents the image foreground and background using Rayleigh likelihood functions and to the best of our knowledge the Euler method presented in [11] is the only algorithm that has been proposed for this AC. Here we compare that method with our Riemannian descent algorithm (23), which we have implemented using the Bregman divergence for the Rayleigh distribution provided in the last row of Table I. To guarantee that the comparisons are fair both algorithms use the same initialization and step size (we used $\gamma_t = 0.1$ as recommended in [11] and initialised $\phi^0$ to a right circular cone as in [11]).

Fig. 3(a) shows a B-mode ultrasound image of in-vivo human dermis, which is a particularly challenging type of image for image segmentation problems [6]. The region of interest used in the experiment is depicted in yellow (the size of this region is $350 \times 175$ pixels). This ultrasound image was acquired at the dermatology service of the Hospital of Toulouse with a dermocup system (Atys Medical, France), equipped with a single-element focalized 25MHz wide-band (40-percent) probe sampled at 100MHz with a 53$\mu$m mechanic lateral step. In this experiment we use the Rayleigh AC model to identify automatically the dermis-hypodermis junction, which has been annotated approximately by an expert (coarse white line). Identifying this skin structure is important in dermatology, cosmetology and pharmaceutical science. It allows evaluating the thickness of the dermis, which is important for “general aesthetics, the use of cosmetics and drugs, optimally positioning skin grafts, and effective massage. Since you can also detect early signs of pathological skin thickening, it is possible to use this knowledge to offer preventative treatment.” [32].

Fig. 3(b) shows in coarse red the segmentation results obtained with our method and in yellow those obtained with [11], using the values for the algorithm parameters that produced the best results. We observe that the proposed method converged to a solution that is in better agreement with the expert’s annotation of the dermis-hypodermis junction.
than the solution obtained with [11], which is more corrupted by speckle noise (note that further increasing the amount of regularisation for this algorithm produced a degenerate segmentation in which all pixels belonged to a single class). More importantly, the proposed method converged in only 18 iterations, which took 0.34 seconds, whereas Euler’s method required 9860 iterations and 269 seconds to produce a stable solution. Again, this dramatic difference in speed results from the fact that proposed method takes steps along the steepest direction on the parameter’s intrinsic manifold, as opposed to using the default Euclidean gradient.

C. PET Phantom Image

In this experiment we consider the problem of segmenting high radioactivity regions in Positron-Emitted-Tomographic (PET) images. Accurate segmentation of high activity regions in PET images is very important in oncology, where clinicians use these images to measure tumour metabolic activity and devise appropriate treatment plans. Here we study an active contour method for PET image segmentation based on a Poisson likelihood, which is a widely used statistical model for these images. We compute this Poisson AC with a Riemannian descent algorithm (23) implemented using the Bregman divergence of the Poisson distribution provided in the fourth row of Table I. In order to assess the performance of this method under controlled conditions we have used the PET phantom image depicted in Fig. 4(a), which has been acquired at the Claudius Regaud Cancer Institute of Toulouse using a GE-DST clinical PET scanner. This image has been produced by imaging a phantom containing 6 radioactive spheres whose size is known and is regularly used to benchmark and calibrate PET segmentation techniques. Table V shows the true diameter of each sphere and the estimates obtained with the proposed method (23). For comparison, Table V also shows the estimates obtained with a state-of-the-art thresholding method that is currently extensively used in clinical applications. More precisely, we compare our estimates with the results obtained with the thresholding method proposed by Schaefer et al. in [31], which was recently reported to be among the best PET image segmentation methods in an independent comparative study [33]. We also report the results obtained with the widely used thresholding method proposed by Otsu in [34]. To ease visual interpretation, the best estimate for each sphere has been highlighted in red. The results obtained with the proposed methods are comparable to those obtained with the state-of-the-art method as indicated in (Table V). However, note that the method proposed in [31] requires the user provide a coarse pre-segmentation of the interior of each sphere (which is used to compute the threshold), whereas our method detects lesions automatically without any user intervention. For completeness, Fig. 4(b) shows in red the segmentation produced by the proposed method. This segmentation was computed in 4 iterations using $\sigma = 0.2$, $\gamma = 0.1$, and required 0.013 seconds.

V. CONCLUSION

This paper has addressed the problem of solving active contour models from the exponential family, (which comprises most of the active contours used in the literature), with application to image segmentation. Through appropriate mathematical developments we have shown that the Fisher Information matrix, which determines the natural metric of the statistical manifold is diagonal and has a closed-form

<table>
<thead>
<tr>
<th>Sphere 1</th>
<th>True</th>
<th>proposed (23)</th>
<th>Schaefer [31]</th>
<th>Otsu [34]</th>
</tr>
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<tr>
<td>Sphere 2</td>
<td>28.0</td>
<td>28.1</td>
<td>26.9</td>
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<tr>
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<td>21.1</td>
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<td>16.4</td>
<td>15.2</td>
<td>14.1</td>
</tr>
<tr>
<td>Sphere 5</td>
<td>13.0</td>
<td>14.0</td>
<td>12.1</td>
<td>11.7</td>
</tr>
<tr>
<td>Sphere 6</td>
<td>10.0</td>
<td>n/a</td>
<td>5.9</td>
<td>n/a</td>
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</tbody>
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Fig. 4. Segmentation of a PET radioactive phantom image using a Poisson AC model. (a) PET image ($96 \times 126$). (b) Proposed method (23).
analytical expression. This insight enabled a fast converging segmentation methodology which we have demonstrated and compared on three images: a synthetic image, a PET image and an ultrasound image segmentation problem where a 2-orders of magnitude increase in segmentation speed is achieved.

Future work will focus on the application of the proposed methodology to the development of segmentation algorithms for applications with real-time constraints. In particular, we plan to develop 2D and 3D ultrasound image segmentation techniques for in-vivo fetal and cardiac echography, as well as 4D MRI segmentation methods based on a Rician AC.

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REFERENCES

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